



# Polestar Communications

*Publicity, Advertising and Writing*

## Myth Busters

**Conventional Attitudes** vs. **The Truth About  
Creating the Life You Want**

The past creates the present.	You choose the present based on your intention.
Change takes time.	Change is instantaneous.
You have to play the cards you're dealt.	You create the cards.
There is only one objective reality.	Everyone creates his or her own distinct reality.
What happens is cast in concrete and can't be changed.	You can change what happens, even after the fact.

**To arrange an interview or for other publicity questions contact:**

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